

High School Lunch Menu

January 2020

<http://www.belmont.k12.ma.us/bps/Home/Food-Services>



Do you want to track and make deposits to your student's account online?

<https://www.myschoolbucks.com/>

We Welcome the Waffle Bar! Students are now able to make their own Belgian Waffles for breakfast. Toppings will include fresh fruit, maple syrup, Nutella and many more. This menu option will be sold as a *Premium Breakfast*. Prices are \$3.00 for full paid, \$.30 for reduced meals and \$0 for free meal benefit

A La Carte Price Updates for BHS Start on January 1st, 2020

Slice of Pizza, Burger or Chicken Patty Only: \$2.75
Fruit or Vegetable Only: \$.75

Prices

Reimbursable Lunch: \$3.50
Slice of Pizza, Burger or Chicken Patty Only: \$2.75
8 Oz Milk: .50
Fruit and veggies with all meals as well as milk!

Available Daily

(V) BYO Salad Bar
(V) BYO Deli Bar
Spicy or Plain Chicken Patties
Cheese or Hamburgers
Snacks and Drinks

Questions: Please contact Dustin O'Brien, Food Service Director at 617-993-5871 or dobrien@belmont.k12.ma.us

<p>(30) Holiday Recess!</p> 	<p>(31) New Year's Eve</p> 	<p>(1/1/20) New Year's Day</p> 	<p>(2) WELCOME BACK!</p> <p>(V) Cheese or Buffalo Chicken Roasted Butternut Squash Diced Peaches</p>	<p>(3) BYO Burger Bar</p> <p>Baked Fries Sliced Lettuce and Tomatoes WG Cookie Gala Apple</p>
<p>(6) POPULAR DAY!</p> <p>Chef's Choice Calzones (Veg, Chicken Parm, Italian, Meatball) Broccoli Salad Orange Smiles</p>	<p>(7) TACO BOWL!</p> <p>WG Nachos w/ Beef & Cheese Shredded Lettuce Kickin' Pinto Beans Pico De Gallo</p>	<p>(8) NICK'S PLACE II</p> <p>(V) Cheese or Pepperoni Slice Steamed Green Beans Diced Peaches</p>	<p>(9) Diced Chicken and Mash Bowl</p> <p>Mashed Potatoes and Mixed Veggies Garlic Knots Fresh Grapes</p>	<p>(10) General Tso Beef & Broccoli</p> <p>Jasmine Rice Dinner Roll Fresh Banana WG Cookie</p>
<p>(13) (V) BYO Fish Tacos</p> <p>Cilantro Lime Cabbage Slaw 6" Inch Tortillas Chipotle Mayo</p>	<p>(14) Chicken or (V) Adobo Tofu Burrito Bowl</p> <p>Cilantro Lime Rice Pico de Gallo Black Beans</p>	<p>(15) NICK'S PLACE II</p> <p>(V) Cheese or Bacon Slice Roasted Russet Potatoes Diced Peaches</p>	<p>(16) NEW ITEM</p> <p>Shaved Steak & Cheese on A Pretzel Bun Peppers & Onions Diced Pineapple</p>	<p>(17) IGGY'S BREAD</p> <p>Crispy BLT on a Ciabatta RF Cape Cod Chips Tossed Caesar Orange Smiles</p>
<p>(20) MLK Day</p>  <p>Martin Luther King, Jr.</p>	<p>(21) Mid-Terms</p> <p>BYO Deli, Salad Bar and Grab N' Go Station ONLY</p>	<p>(22) Mid-Terms</p> <p>BYO Deli, Salad Bar and Grab N' Go Station ONLY</p>	<p>(23) Mid-Terms</p> <p>BYO Deli, Salad Bar and Grab N' Go Station ONLY</p>	<p>(24) TURKEY DINNER!</p> <p>Sliced Turkey Mashed Potatoes & Stuffing, Gravy Cranberry Sauce Dinner Roll</p>
<p>(27) (V) Mac & Cheese Bar</p> <p>Buffalo Chicken, Bacon Bits, Scallions and Jalapenos Caesar Salad Garlic Bread</p>	<p>(28) Chicken or (V) Adobo Tofu Burrito Bowl</p> <p>Cilantro Lime Rice Pico de Gallo Black Beans</p>	<p>(29) NICK'S PLACE II</p> <p>(V) Cheese or Sausage Roasted Diced Potatoes Diced Pears</p>	<p>(30) American Chop Suey</p> <p>Green Beans Texas Toast Fresh Banana</p>	<p>(31) WALDEN MEAT</p> <p>Beef and Bean Chili Shredded Cheddar Garlic Knots Mixed Fruit</p>