

BHS Lunch Menu November 2019

<http://www.belmont.k12.ma.us/bps/Home/Food-Services>



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Don't Forget to Submit your 2019-20 Free/Red App!!

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<https://www.schoollunchapp.com/District.aspx>

If needed, paper applications will still be available at your child's school or at our website.

Meal Prices

Lunch: \$3.50
Entrée or 2nd Entree: \$1.75
8 Oz Milk: .50
Fruit and veggies with all meals as well as milk!

Available Daily:

(V) BYO Salad Bar
(V) BYO Deli Bar
Spicy or Plain Chicken Patties
Cheese or Hamburgers
Assorted Snacks and Drinks

Questions: Please contact Dustin O'Brien, Food Service Director at 617-993-5871 or dobrien@belmont.k12.ma.us

<p>(4) (V) Cheese Quesadilla Steamed Rice Spicy Salsa Assorted Fruit</p>	<p>(5) <u>BURRITO BOWL!</u> Chicken / (V) Veggie Fajita Bowl Peppers and Onions Black Beans Steamed Rice & Salsa</p>	<p>(6) Early Release Day!  No Lunches Served!</p>	<p>(7) <u>NICK'S PLACE II</u> (V) Cheese or Buffalo Chicken Sweet Corn Baby Carrots Diced Pears</p>	<p>(8) Tangerine Chicken and Rice Bowl Steamed Broccoli Sweet & Sour Sauce Mixed Fruit</p>
<p>(11) NO SCHOOL  VETERAN'S DAY</p>	<p>(12) <u>TACO BOWL!</u> WG Nachos w/ Beef & Cheese Shredded Lettuce Kickin' Pinto Beans Pico De Gallo</p>	<p>(13) <u>NICK'S PLACE II</u> (V) Cheese or Pepperoni Slice Tossed Greek Salad Baby Carrots Diced Pears</p>	<p>(14) <u>NEW ITEM!</u> Chicken, Broccoli and Ziti Garlic Texas Toast Strawberry and Peach Cups</p>	<p>(15) Toasted 1/2 Turkey & Cheese w/ Chicken Noodle Soup Tossed Caesar Salad Granny Smith Apple</p>
<p>(18) <u>Keep it Light!</u> (V) Grilled Cheese and Tomato Soup RF Goldfish Diced Pineapple</p>	<p>(19) <u>BURRITO BOWL!</u> Chicken / (V) Veggie Fajita Bowl Peppers and Onions Black Beans Steamed Rice & Salsa</p>	<p>(20) <u>NICK'S PLACE II</u> (V) Cheese or Bacon Slice Steamed Broccoli Apple Crisp w/ Whipped Cream</p>	<p>(21) Teriyaki Chicken Dippers Sweet Corn Jasmine Rice Chow Mein Noodles Diced Peaches</p>	<p>(22) <u>WALDEN MEAT</u> Homemade Meatball & Pasta Spicy Marinara Sauce Garlic French Bread Fresh Grapes</p>
<p>(25) <u>IGGY'S BREAD!</u> Panko Crusted Pollock Sandwich Cilantro Lime Slaw Lemon Wedge RF Cape Cod Chips</p>	<p>(26) <u>TURKEY DINNER!</u> Sliced Turkey Mashed Potatoes & Stuffing, Gravy Cranberry Sauce Dinner Roll</p>	<p>(27) Early Release Day!  No Lunches Served!</p>	<p>(28) </p>	<p>(29) No School  Thanksgiving Break</p>
<p>(12/2) (V) Mac & Cheese Bar <i>Buffalo Chicken, Bacon Bits, Scallions and Jalapenos</i> Caesar Salad Garlic Bread</p>	<p>(12/3) <u>TACO BOWL!</u> WG Nachos w/ Beef & Cheese Shredded Lettuce Kickin' Pinto Beans Pico De Gallo</p>	<p>(12/4) <u>NICK'S PLACE II</u> (V) Cheese or Hamburger Slice Sweet Potato Salad Diced Peaches</p>	<p>(12/5) <u>NEW ITEM</u> Sweet and Sour Chicken Steamed Rice Garlic French Bread Fresh Grapes</p>	<p>(12/6) <u>*IGGY'S BREAD*</u> Crispy BLT on a Ciabatta RF Cape Cod Chips Tossed Caesar Orange Smiles</p>